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WHAT IS CLAIMED IS:

1. A food container comprising:

a first compartment for holding a first food product, said first compartment having a first access region and a first coupling region, said first access region having a first opening providing access to an interior of said first compartment; and

a second compartment for holding a second food product, said second compartment having a second access region and a second coupling region opposite said second access region, said second coupling region coupled to said first coupling region of said first compartment, said second access region having a second opening providing access to an interior of said second compartment,

whereby the first food product is dispensed through the first opening at the first access region of the container, and the second food product is dispensed through the second opening at the second access region of the container.

- 2. The food container of claim 1, wherein said first opening is disposed at a top of said container, and said second opening is disposed proximate a bottom of said container.
- 3. The food container of claim 1, further comprising a first food stored in said first compartment and a second food stored in said second compartment.
- 4. The food container of claim 3, wherein said first food is a dry rigid food product, and said second product is a conformable food product.
- 5. The food container of claim 1, wherein said container is cylindrical.
 - 6. The food container of claim 1, wherein said first opening is sealed with a disposable lid.
- 7. The food container of claim 6, further comprising a resealing lid for resealing said first opening after said disposable lid is removed.

- 8. The food container of claim 1, wherein said second opening is sealed with a moveable flap.
- 9. The food container of claim 8, wherein said moveable flap is disposable, wherein said container further comprises a rotative sleeve around said second compartment, wherein said sleeve comprises a hole that may be aligned with said second opening for dispensing product, or offset from said second opening to seal said second opening.
- 10. The food container of claim 8, wherein said moveable flap is a resealable adhesive tape.
 - 11. The food container of claim 8, wherein said moveable flap is hinged and locks closed to seal said second opening.
 - 12. The food container of claim 1, wherein said first and second compartments are separable, modular components.
 - 13. The food container of claim 1, wherein said container further comprises a food dispensing mechanism dividing said second compartment into first and second chambers.
 - 14. The food container of claim 1, wherein said first compartment further comprises a spout in said first opening.
 - 15. The food container of claim 14, wherein first compartment is compressible.

- 16. A multiple-food canister comprising:
 - a first food chamber;
- a second food chamber, said second food chamber coupled to said first chamber;
- a first opening at a first region of said first food chamber, said first region opposite said second food chamber;
 - a first moveable lid sealing said first opening;
 - a second opening at a second region of said second food chamber, said second region opposite said first food chamber;
- a flap sealing said second opening;
 - a first food disposed in said first chamber; and
 - a second food disposed in said second chamber.

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17. A multiple-food-product dispenser comprising:

an upper food compartment;

a lower food compartment, wherein a top of said lower food compartment is coupled to a bottom of said upper food compartment;

a resealable opening disposed at a top of said first food compartment;

a resealable second opening disposed proximate a bottom of said second food compartment;

a first food disposed in said upper food compartment; and a second food disposed in said lower food compartment.

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18. A method of forming a multiple-food container, said method comprising:

forming a first section having a first compartment, and having a first opening at a top of said first section;

filling said first compartment with a first food;

sealing said first opening at said top of said first compartment with a removable lid;

forming a second section having a second compartment;

forming a second opening having a moveable seal proximate a bottom of said second compartment;

filling said second compartment with a second food;

sealing said second compartment; and

coupling a top of said second section to a bottom of said first section.

- 19. The method of claim 18, further comprising forming interlocking modular connections at said top of said second section and said bottom of said second section prior to said coupling of said sections.
- 20. The method of claim 19, wherein said modular connections are separable.
- 21. The method of claim 18, further comprising attaching a resealing lid to said top of said first section after said sealing of said first opening.
- 22. The method of claim 18, further comprising forming a rotative resealing sleeve surrounding said second section.
- 23. The method of claim 18, further comprising forming said first and second sections into cylindrical shapes.

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24. A method of dispensing multiple food products from a single container, said method comprising:

moving a seal to expose a first opening to a first chamber at a top of said container:

5 moving a seal to expose a second opening to a second chamber proximate a bottom of said container;

extracting a first portion of a first food product from said second chamber through said second opening; and

extracting a second portion of a second food product from said first chamber through said first opening.

25. The method of claim 24, further comprising:

resealing said first opening with a resealing lid; and

resealing said second opening by rotating a sleeve around said container to cover said second opening.

- 26. A multiple food canister comprising:
 - a food container;

a second container, wherein said second container is removable from said first container and replaceable with a connector.

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- 27. The multiple food canister of claim 26, wherein said connector is a grove on the first container that complements a ridge in the second container.
- 28. The multiple food canister of claim 26 wherein said connector is a removableadapter.